



**MIXED BEACH VOLLEYBALL**

**TEAM NOMINATION FORM**

**TEAM NAME** .....

**TEAM CONTACT**.....

**ADDRESS**.....

**PHONE**.....(H).....(W)

**EMAIL**.....

<b>PLAYERS NAME</b>	<b>PHONE NO</b>

We acknowledge that participation in the Beach Volleyball Competition is undertaken by the team members at their own risk. We understand that the Wongan Hills Pool Manager whilst attending this program accept no liability for person injury, loss or damage to personal effects.

I \_\_\_\_\_ ON BEHALF OF THE \_\_\_\_\_

HAVE READ AND EXPLAINED TO THE TEAM WHO FULLY UNDERSTAND THE ABOVE CONDITIONS AND AGREE TO ABIDE BY THEM.

TEAM CAPTAIN

\_\_\_\_\_DATE\_\_\_\_\_



# Volleyball Basic Rules



## THE SERVE

- (A) Server must serve from behind the restraining line (end line) until after contact.
- (B) Ball may be served underhand or overhand.
- (C) Ball must clear visible to opponents before serve.
- (D) Served ball may graze the net and drop to the other side for point.
- (E) Serve must be returned by a bump only, no setting or attacking a serve.

## SCORING

- (A) Rally scoring will be used
- (B) There will be a point scored on every score of the ball.
- (C) Offence will score on a defense miss or out of bounds hits.
- (D) Defense will score on an offensive miss, out of bounds hit, or serve into the net.
- (E) Game will be played to 15pts.
- (F) Must win by 2 points.

## Rotation

- (A) Team will rotate each time they win the serve.
- (B) Players shall rotate in a clockwise manner.
- (C) There shall be 6 players on each side.
- (D) There shall be a minimum of two opposite sex on the court at all times.



# Volleyball Basic Rules



## Playing the game

- (A) Maximum of three hits per side.
- (B) Player may not hit the ball twice in succession (A block is not considered a hit).
- (C) Ball may be played off the net during a volley and on serve.
- (D) A ball touching a boundary line is good.
- (E) A legal hit is contact with the ball by a player body which does not allow the ball to visibly come to rest. (Above the knees)
- (F) If two or more players contact the ball simultaneously, it is considered one play and the players involved may not participate in the next play.
- (G) A player must not block or attack a serve.
- (G) Rally scoring will be used
- (H) There will be a point scored on every score of the ball.

## Basic Violations

- (A) Stepping on or over the line on a serve.
- (B) Failure to serve the ball over the net successfully.
- (C) Hitting the ball illegally (Carrying, Palming, Throwing, etc.)
- (D) Touches of the line net with any part of the body while the ball is in play.  
If the ball is driven into the net with such force that it causes the net to contact an opposing player, no foul will be called, and the ball shall continue to be in play.
- (E) Reaching over the net, except under these conditions:
  - 1 – When executing a follow-through.
  - 2 – When blocking a ball which is in the opponents court but is being returned (the blocker must not contact the ball until after the opponent who is attempting to return the ball until after the opponent who is attempting to return the ball makes contact).  
Except to block the third play.
- (F) Reaches under the net (if it interferes with the ball or opposing player).
- (G) Failure to serve in the correct order.
- (H) Blocks or spikes from a position which is clearly not behind the 10-foot line  
While in a back row.



# Volleyball Basic Rules



<b>Volleyball Lingo</b>	<b>Translation</b>
“Ace”	When the ball is served to the other team, and no one touches it.
“Sideout”	When the team that served the ball makes a mistake, causing the ball to go to the other team.
“Roof”	When a player jump above the height of the net, and blocks the ball.
“Stuff”	When a player jumps about the height of the net, blocks the ball, and the ball goes back at the person who attacked (spiked) the ball.
“Dig”	When a player makes a save from a very difficult spike.
“Kill”	When a team spikes the ball and it either ends in a point or a sideout.